

# Productive to the Max

**P**roductivity

**P**erformance

**P**rofitability

## ***Learn to Juggle***

### **MaxTips! June 2006**

Have you ever witnessed a juggling act? How do they keep all those balls, (bunnies, plates) in the air?

Many of you spend your life juggling all your activities. With so many responsibilities and so little time, I am sure you sometimes feel that you could be up on that stage performing. What can we learn from these entertainers that could help us in our busy lives?

1. Jugglers remain in the moment. They do not think about what happened yesterday or what is going to happen later. They concentrate on the task at hand.
2. They are always confident that they will do their best. If they are perfectionists, they save the tendency for their most difficult number. They are excellent at what they do but not always perfect.
3. They get excited by all the little steps that lead up to their goal.
4. They constantly visualize the desired outcome.

When you feel you are up to your ears in bunny rabbits, stop and focus on how the juggler executes their performance. It will help you maintain your equilibrium.